

What is a Vocational Assessment?

Many young adults are unsure about their career direction. A Vocational Assessment involves completing a series of questionnaires and exploring the results with a school psychologist/career counsellor. The process assists young adults to learn more about themselves, what they may value in a career and their preference for particular courses or employment.

Eye Opener Session (2.5 hours)

During this session we will:

Talk with you about you

Your career dreams, your ideas so far, your work experiences; what you enjoyed in your education; your preferred learning style; your leisure activities.

Help you complete the Myers Briggs Type Indicator (MBTI)

The MBTI allows clients to reflect on the way in which they personally prefer to operate in a work environment: what is important to them when interacting with others; how they tend to make decisions; how they manage conflict etc. Clients are encouraged to consider their personal strengths and challenges. They will be able to explore the careers that are popular with different Types.

Help you complete the Occupational Search Inventory – 3 (OSI-3)

The OSI-3 consists of a series of exercises designed to assist clients to learn more about the sort of work they enjoy doing. Clients are asked to consider work tasks, work environments, leisure activities and work skills.
(One hour: parents/guardians free to go for coffee!)

'Walk' you through the results of your Assessments

You will be guided through a series of steps to help you make sense of your Myers Briggs information and your OSI-3 report. This information includes examples of careers that are popular with people who have similar strengths, interests and personal style to you. You will have a tangible summary and a short list of options to research further.

Kick Start your Career Research and Action Planning

We will start your Career Research Record: a planning tool with internet links to job descriptions and suitability; University/TAFE Courses; Prerequisites and Literacy/ Numeracy Requirements; ATAR Scores; Related Career Paths; Job Prospects and Pay. We will support you in your Action Planning and discuss the decision making process.
(One and a half hours: parents/guardians encouraged to attend)

Cost: \$315

Location: 203 Park Street, Subiaco

To make an appointment call

Tracy Hart on 0409 764 347 or email tracy@eyeopener.net.au

www.eyeopener.net.au

About Tracy Hart: Tracy has been teaching and counselling in schools for 20 years. As a Year Coordinator, Career Education Teacher and Career Counsellor, Tracy has developed a passion for supporting young adults to focus on the career they wish to prepare for. Tracy is a Registered Psychologist and a Professional Member of the Career Development Association of Australia.

