

Ms Tracy Hart of Eye Opener will be conducting Vocational Assessments on campus to assist students who are unsure of their career direction. Some students may seek confirmation that their current goals match their personality, interests and preferred work environment.

### What is an Eye Opener Vocational Assessment?

An Eye Opener Vocational Assessment involves students completing a series of questionnaires and exploring the results with a psychologist/careers counsellor. The process assists young adults to learn more about themselves and what they may value in a career. It allows them to explore their interests in depth and gain insight into their preference for particular courses of study.

### What does an Eye Opener Vocational Assessment involve?

#### Assessment Session (Group: 50 Minutes)

Set Date: Set Time: Set Location

#### The Myers Briggs Type Indicator (MBTI)

The MBTI allows students to reflect on the way in which they personally prefer to operate in a work environment: what is important to them when interacting with others; how they tend to make decisions; how they manage conflict etc. Students are encouraged to consider their personal strengths and challenges. They will be able to explore the careers that are popular with different Types.

#### The Occupational Search Inventory (OSI-3)

The OSI-3 consists of a series of exercises designed to assist students to learn more about the sort of work they enjoy doing. Students are asked to consider work tasks, work environments, leisure activities, occupations and work skills.

#### Feedback and Counselling Session (Individual: 75 Minutes)

Students will be guided through a step by step process to make sense of their assessment results. By the end of this session students will have a tangible summary and clear options for exploration and action planning.

*Feedback sessions will be held in the Interview Room at Sample Senior College commencing Set Date. Parents are encouraged to attend and will be notified of session times by Tracy Hart.*

The cost of the Vocational Assessment package is \$155

[www.eyepener.net.au](http://www.eyepener.net.au)

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### 2010 Sample Senior College Vocational Assessment Permission Slip

I \_\_\_\_\_ (Parent/Guardian) give permission for \_\_\_\_\_ (Student) to participate in the Vocational Assessment Session on Set Date from Set Time to Set Time in Set Location. I give my consent for him/her to complete the Occupational Search Inventory and the Myers Briggs Type Indicator Questionnaires. I understand that he/she will receive feedback from Tracy Hart (Psychologist and Careers Counsellor).

I have attached a cheque made out to Eye Opener Vocational Assessments for \$155.00.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Contact Address \_\_\_\_\_

Contact E-mail \_\_\_\_\_ Phone \_\_\_\_\_

Please return to Eye Opener Vocational Assessments PO BOX 357 Claremont by Set Date

